

Early childhood partners will connect you to local support networks and services so you can meet other people with similar experiences or situations, if you want to. These parent-to-parent and community-based support systems allow for sharing of information that can build your confidence and knowledge and help you navigate the road ahead.

They can also provide a safe space to talk about your family's experiences and celebrate your child's uniqueness with others with a similar experience. It's a good way to build community with other families.

Peer supports can be one-on-one or in groups. They may be delivered through an online platform or in face-to-face sessions and programs. Early childhood partners will work with you to understand what you are seeking from peer supports and connect you with the most appropriate supports for you and your family.

Early childhood partners may also provide group information sessions or parent workshops which include peer support opportunities.