

If your situation has changed, or you think your current plan doesn't have enough funding for the disability-related health supports you need, you can ask for a change to your plan.

Learn more about [changing your plan](#).

We might be able to consider your request before the reassessment date in your plan. The information we'll need depends on the type of supports you need.

If you've had an assessment, you can send this to us to start this process.

For some supports, you might also need to get a quote. We'll let you know if this is the case.

Talk to your my NDIS contact, support coordinator or recovery coach who will be able to help you with the next steps.

Do you need to provide us with evidence?

Yes. To get disability-related health supports in your plan, you need to give us evidence. This helps us understand the disability-related health supports you need. Talk to your my NDIS contact, support coordinator or recovery coach to work out the evidence we need.

You can also learn more in our [Factsheet - What evidence you need to give us before we create or change your plan](#).

You can give us any new information or evidence about your support needs when you get it or any time we talk with you.

Your health care provider or allied health practitioner should give you information about:

- the type and amount of support you need
- how the support relates to your disability
- how this support is effective and beneficial for you
- who is the most appropriate person to provide the support
- where the support will be provided.

We'll let you know if we need more information, and what we need.

Your request for a disability-related health support may be for assistive technology, like equipment and technology.

If this is the case, we have [assistive technology assessment templates](#) to help you or your assessor provide us with the information we need.

Learn more about [completing an assistive technology assessment](#).