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When we look at what diabetes management supports to include in your plan, we'll also look at what other supports you get through the health system and other [mainstream and community supports](#). Your my NDIS contact, support coordinator or recovery coach will work with you and other services to help you get the support you need.

Once we've identified the supports and decided they meet the [NDIS funding criteria](#), we'll include the description and funding for the NDIS support in your plan.

Learn more about [how we include the reasonable and necessary supports in your plan](#).

If your situation has changed, or, you think your current plan doesn't have enough funding for the diabetes management supports you need, you can ask for a change to your plan.

Learn more about [changing your plan](#).

Do you need to provide us with evidence?

Yes. To get diabetes management supports in your plan, you need to give us evidence that helps us understand the diabetes management supports you need. Talk to your my NDIS contact, support coordinator or recovery coach to work out what evidence we need.

Learn more in our [Factsheet - What evidence do you need to give us before we create or change your plan](#)

You can give us new information or evidence about your diabetes management support needs anytime we talk with you.

We may ask you or someone else to give us evidence. This could include information from your doctor like your Diabetes Care Plan.

We'll want to know how your disability affects your ability to manage your diabetes by yourself. We'll also ask whether your diabetes is stable. We'll also look at what diabetes management supports you currently get. We'll want to know who you get the supports from, and how often you get them.

If you need a nurse to provide supports, you'll need to give us evidence from a doctor or endocrinologist. An endocrinologist is a medical specialist who treats people with diabetes and other hormone conditions. The evidence should explain:

- that because of your disability you can't self-manage your diabetes
- why you need a nurse to provide the support
- why it can't be delegated to a support worker, family member or friend.

We'll use this information to decide if diabetes management supports meet the [NDIS funding criteria](#) for you. This is to make sure we fund the disability-related diabetes management supports you need.